

Adult Sedation Pre-Procedural Instructions

Preprocedure:

DO NOT eat anything for at least **8 hours** prior to your procedure. Your stomach should be empty to avoid vomiting and aspirating while under anesthesia.

You may **drink clear liquids** (water, coffee, soft drinks, or juice without pulps) **4 hours** prior to your procedure.

DO NOT chew gum, chew tobacco, or suck on candy, as this can increase stomach acid fluid and therefore increase risk of aspiration under anesthesia.

For your own safety, the procedure will be delayed or cancelled if these instructions are not followed as written.

Medications:

Please take your prescription medications with a small sip of water. **Do not take your diabetic medications** the morning of your procedure unless otherwise instructed by your anesthesiologist.

Please **consult your doctors** prior to your procedure if you take any **blood thinners** (NSAIDs, Aspirin, Plavix, Coumadin, Xarelto, Eliquis, etc).

Post-procedure:

Please make arrangements **for a responsible adult to take you home** after your procedure and **stay with you the rest of the day**.

You should not drive, operate machinery, or make any important decisions for **at least 24 hours** after your procedure.

******If you have any questions regarding the anesthesia, please call*

713 730 9229